



# INTERNATIONAL REPORT

## 2016



Dr. Arnold with Mamaka and the Queen Juli Endee at the United States Embassy

Presented by:

John David Arnold, Ph.D.  
Chief Executive Officer & Founder

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Since 1967

# INTERNATIONAL REPORT

## **I. Cameroon Trip (November 27 – December 9, 2016)**

The site visits began in Cameroon and areas visited: Bambui Fondom, CDC Teks, and Doula. I visited piggery, fish farming, and organic farms. While there provided T/A to the micro finance board. I visited the Teko CDC under the processing of latex into rubber. Attended inauguration of the Bamenda Water plant and met the Mayor and Ambassador of Germany and staff. I also visited that source of the Bamenda Water Company and visits to Limbe and Doula to meet mayor and humanitarian/music NGO. As well as attended conferences with Bambui for Quarter officials, micro finance clients, and Bambui Water board.

More of my trip to Cameroon includes the opportunity to visit the project, which is funded by PPEP, Inc. and the Tree of Life. The first order of business was to reorganize our Microfinance Board and hold elections, as well as, provide training. Secondly, I had the opportunity of visiting the mini Organic Farms in this area, which we have supported. Also, visited two clean water projects; both emanating from waterfalls from the mountains bringing clean water down to the inhabitants in the Valley Villages, which are called quarters. I also spent time with our friend, which is our Chief as he is one of our leading agriculture links. We visited his fish farms and other agricultural initiatives. At one of the stops, I met the German Ambassador and some engineers that had come to look at expanding the clean water project.

Cameroon is very fortunate to be known as the Garden of Eden with so much abundance of good soil, good farming, and clean water; they not only produce food for their own consumption, but send bananas, avocados, and pineapples and many other products abroad. It is very gratifying to see that rural and farmer communities such as the one here in the northwest of Cameroon are setting the example for all of us.

## **II. Nigeria Trip (December 9 – December 14, 2016)**

Purpose of trip was to visit WARES office and confer with the board president Dr. C.A.C Eronini. I also was keynote speaker and panelist for the Nigeria Deaf and Mute year-end festivities. I visited DDD, DTA, and group home facility in Lagos and interacted with clients. My second event was on Sunday, where I visited two churches that had parishioners that were deaf and mute. I spoke to both congregations including the children's Chapel about respecting the deaf and mute and not marginalizing them. Also, I encouraged them to expand their ministries throughout their community. On another occasion, I visited a facility for the developmentally disabled. We took time to interact with the clients. The facility was a boarding school for this particular community. Another visit was to a state operated school that had mixed populations with the disabled students. They were conducting a Special Olympics. I spoke to the group assembled about Dr. Martin Luther King's dream; plus importance of respect with those of disabilities.

We also visited the Greater Lagos Association of Private Schools. I spoke about accommodating children with disabilities in their schools. I proposed a special training that we will conduct in February with Dr. Anoye the Nigerian speech pathologist. Afterwards, I visited several the classes with the young children teaching them the love sign. We also visited the WARES office, which is housed in Dr. Eronini's business complex. During my stay, we were hosted by Dr. Eronini's Lagos Palace. He also provided a vehicle and driver, plus meals for the volunteers.

Time did not permit for us to visit the JDA Academy in Owerri. In 2017, when Dr. Eronini coronation takes place I will have an opportunity to visit the school. The Lagos stop was short, but as you can see was most productive.

### **III. Liberia Trip (December 14 – January 2, 2017)**

This was upon invitation of the VP of Liberia, Honorable Joseph Nayuma Boakai. Mr. and Mrs. Bility were my hosts. I extensively visited small farms (rice) in Bong County (three trips) met with cooperatives and other individual farmers. I spoke about veganic farming practices. I toured all aspects of rice production through Mr. Bility operations that convert swamp lands into rice paddies. I made a presentation to a meeting of faith based pastors in farming and I met with Administrators of JFK Hospital, Bill Thompson regarding a Diabetes and vegan farming workshop in Monrovia with the Tree of Life. Also, I met with the administrator of the Phoebe Hospital in Bong County about the same issue.

I attended the Monrovia Rotary Club, where I made a presentation on Diabetes, Micro Finance, and Vegan farming. I was invited to the US Embassy for a reception honoring the past and present US Ambassadors to Liberia. Also I was invited to the installation ceremony of five new Liberian Ambassadors of which four were women. I also got the opportunity to greet the President of Liberia Ellen Johnson Sirleaf on three occasions. Hon VP Bolakai and I also interacted frequently with updates. We established our PPEP Liberia office which donated space by Mr. Bility in Monrovia. The Queen Ambassador of Peace, Julianne interacted with us on a number of occasions. I worked on several draft letters and MOUs while there.

We also worked on a strategic plan for Liberia, which would include the Tree of Life; including a possible venture with Rotary for micro finance of the farmworkers in Bong County.

In addition, I was invited to the induction of the new ambassadors for Liberia. There, I met the president Hon. Ellen Johnson, the first female president in Africa and also a Nobel Prize winner. I had opportunity on two occasions to talk to her about PPEP and our humanitarian efforts are all about. I also had the opportunity of being invited to the US Embassy where they were honoring humanitarian groups, as well as all the past and present US Ambassadors, all females. I briefed the embassy staff about our organization. Furthermore, I had the opportunity to visit several times with the Vice President Boakai and give him updates on my trips out into the Bong Rural County (see attached photo).

The Rotary Club in Monrovia is interested in collaborating with us for micro finance project farmworker community in Bond County. Also I met with Dr. Billy Johnson administrator of the John F. Kennedy Memorial Hospital, here in Monrovia regarding the potential diabetes education/prevention and vegan farming workshops with Dr. Cousens and myself in 2017. So far my trips from Cameroon, Nigeria and now Liberia have been extremely productive. I will have a complete report when I return.

### **IV. Ghana (January 2 – January 10, 2017)**

I traveled from Liberia to Accra, Ghana to visit already established projects both at the Art Center and the Buem Traditional area. The field office in Accra was first visited, where the Diabetes Education and prevention programs emanates and serves Jamestown. We visited a number of clients at Jamestown that were diabetic. Met with local traditional leaders, visited the Art Center and artisans that are micro entrepreneurs. I also visited with the Ghana ministry of Regenerative Health Head Administrator.

I made a four day trip to the Buem Traditional area to visit our field office in New Baika. I also, met with the Chiefs and Elders of New and Old Baika. I had meetings with staff and micro finance president. When visiting our Eagle Nest residence in Old Baika, we noted trespassing and breakage of the exterior door locks and forced entry; including the perpetrators putting on their own locks. Also the

driveway and the vegetables were spoiled. We reported the incident to the police, attorney general, and US Embassy.

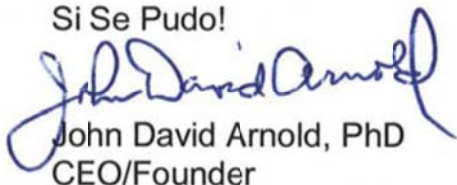
We hosted the Omaboyo girls and boys volleyball tournament in New Ayoma. I also inspected the newly renovated Latrine in New Biaka. I traveled to Ho MVD to transfer car papers to Akewa Clan, visited Mayanar soy farm office; and visited with John from Mirabel Hotel, former regional Agriculture Director. Proceeded to Sogakope and met with Agnes for an update with orphanage and school. I interacted with some of the orphans. Headed out towards the Takoradi area to visit Jacobs' program, but he had left for the holidays. I visited Elman Castle for tour of early slave trade roots in West Africa. I spent time accessing the PPEP and Tree of Life Registration receipts needed in order to have the deed released for the Eagle Nest property. Also time spent getting office supplies, upgrades, and repairs.

The Eagle Nest once opened a number of items were transferred to the field office in New Baika (bicycles, computer, printer, library books, photographic equipment, etc.) Also spent considerable time with clean up and securing the facility with locks. Had three meetings with the Police office in Hohoe to assist with the investigation of the break-in and vandalism. The Police have leads and are pursuing the investigation. While, in Accra I talked with the Danish Ambassador to Ghana about our work. I also met with Jack Lasen and Assad Kazmie, who are business banking and social investors. We hope to meet up in the U.S.

**V. Summary:**

Along with the travel report there will be a complete report: verbal, written, and photo album. This will be reported to the PPEP and Affiliates Boards, WARES Board, and Tree of Life.

Si Se Pudo!



John David Arnold, PhD  
CEO/Founder

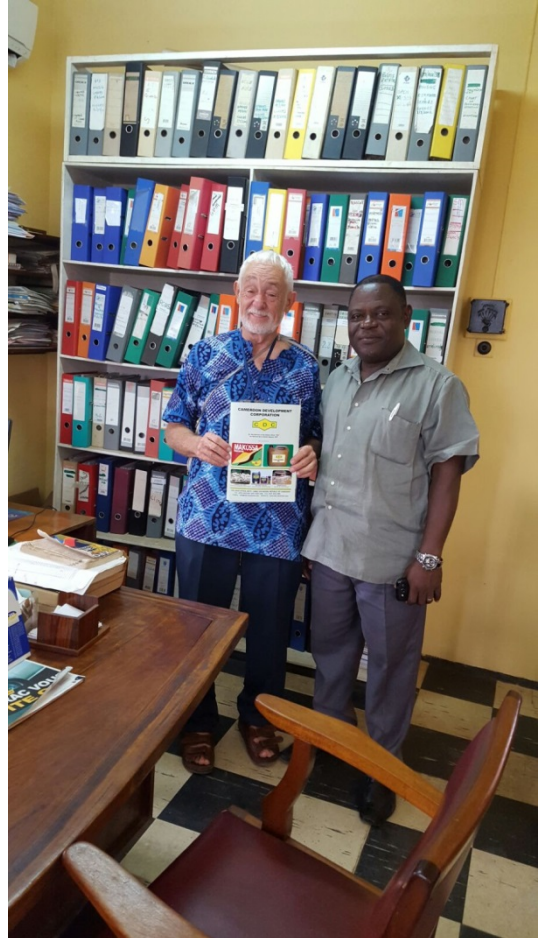
# INTERNATIONAL PHOTO ALBUM 2016



## CAMEROON



Fon Fish Farm



Dr. Arnold meets with Mayor of Bamenda



Bambui Micro Finance Annual Board Meeting





Cameroon Garden of Eden



Dr. Arnold with German Water Engineers Visiting Water Projects





Cameroon CSC Rubber  
Plantation



Dr. Arnold meets with Mayor of  
Bamenda



Bambui Heads at Quarterly Meeting



# NIGERIA



Teaching Staff Lagos School for the Developmentally Disabled



WARES Office in Lagos, Nigeria



Teaching the School Children Sign Language



School Children Learning Sign Language



Sign Language – Sign Meaning “I Love You”





The Big Event



Developmentally Disabled Center



# LIBERIA



Dr. Arnold with President Ellen Johnson during the Ambassador Inauguration



Dr. Arnold with the Liberian VP Boakai and the United States Ambassador to Liberia at the US Embassy



Youth Farm Coop Bond County



Rice and Fish Pond Farmers Coop





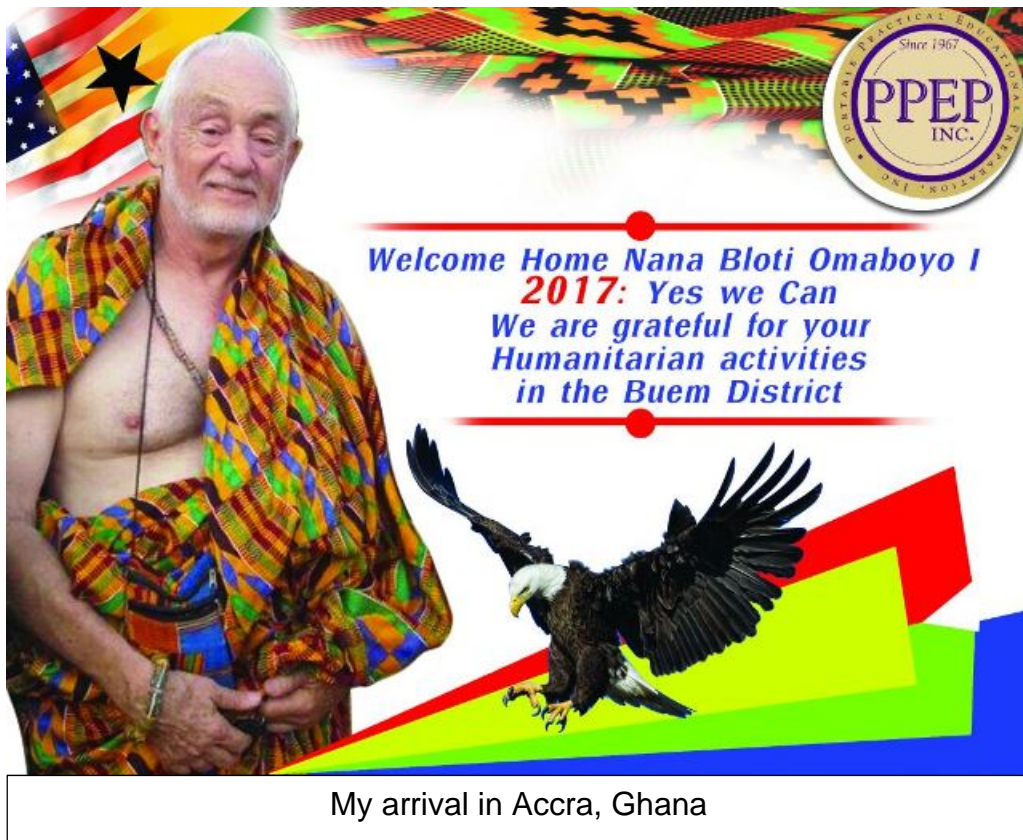
President Ellen Johnson welcomes Dr. Arnold  
and PPEP to Liberia



The rural people we are visiting



# GHANA



PPEP Accra Office



Staff and Dr. Arnold reaching out to low income inner city diabetics



Anita from PPEP Accra Office in full recovery with her baby



Reaching out to low income inner city Diabetics; many with rural roots



# AGREEMENTS

## MOU'S

### 2016



**MEMORANDUM OF UNDERSTANDING  
BETWEEN  
PORTABLE PRACTICAL EDUCATIONAL PREPARATION, INC.  
AND  
UNIVERSITY OF LIBERIA**

This MEMORANDUM OF UNDERSTANDING ("**Memorandum**") is entered between Portable Practical Educational Preparation, Inc., an Arizona non-profit corporation, and its affiliates (collectively "**PPEP, Inc.**") and University of Liberia, an institution of higher education located in the nation of Liberia.

**BACKGROUND**

PPEP, Inc., and University of Liberia share mutual interests in promoting international friendship, understanding, education, and business exchanges. To further this mutual interest, the parties agree to collaborate to identify and explore opportunities as follows:

1. To promote friendship, understanding, education and business exchanges between the parties.
2. To assist in resource development for expanding education and business opportunities.
3. To provide opportunities for individual and peer group exchanges.
4. To promote opportunities for distance learning.
5. To promote opportunities for entrepreneurial development.
6. To promote business education training and to promote a climate for economic growth.
7. To implement the MOU signed by His Excellency Joseph Nyuma Boakai, Sr. (**ATTACHED**)

Any specific project undertaken in furtherance of a goal identified above shall be the subject of a written agreement that details the respective roles and responsibilities of the parties.

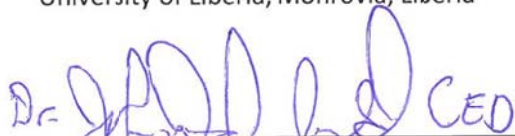
**DURATION**

This MOU is in effect until such time as the parties decide to terminate it.

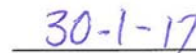
Agreed:

\_\_\_\_\_  
University of Liberia, Monrovia, Liberia

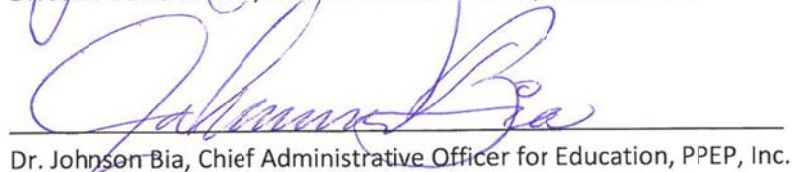
\_\_\_\_\_  
Date

 CEO

\_\_\_\_\_  
Dr. John David Arnold, Founder & CEO of PPEP, Inc. & Affiliates

  
30-1-17

\_\_\_\_\_  
Date

  
Dr. Johnson Bia, Chief Administrative Officer for Education, PPEP, Inc.

  
30-1-17

\_\_\_\_\_  
Date

**MEMORANDUM OF UNDERSTANDING:  
PORTABLE PRACTICAL EDUCATIONAL PREPARATION  
(PPEP), INC.  
AND  
MINISTRY OF EDUCATION, REPUBLIC OF LIBERIA**

Portable Practical Educational Preparation, Inc.,(www.ppep.org ) on behalf of PPEP TEC Charter High School, and the Ministry of Education, Republic of Liberia, share mutual interests in promoting high quality learning experiences for high school (secondary) students, and promoting friendship, understanding and exchanges.

To further their mutual interests, PPEP, Inc. and Ministry of Education agree to collaborate as follows:

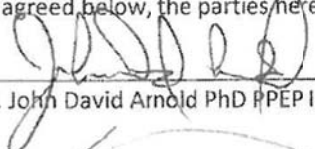
1. To promote educational opportunities for students 14 through 21 years of age.
2. To promote friendship, understanding, and exchange of ideas and educational materials.
3. To assist in resource development (grants, donations, in-kind) for expanding opportunities.
4. To provide opportunities for internships and student, teacher and administrator exchanges.
5. To promote opportunities for distance learning.
6. This MOU is to include any related efforts that will increase educational opportunities.

Term of MOU:

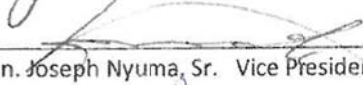
This MOU is in effect until such time as the parties decide to terminate it.

Agreed:

Specific projects undertaken in furtherance of this strategic relationship shall be identified in subsequent agreements that identify the respective roles and responsibilities of the parties.  
As agreed below, the parties hereby enter into the above strategic relationship.

  
\_\_\_\_\_  
Dr. John David Arnold PhD PPEP Inc CEO/Founder

17-10-2016  
\_\_\_\_\_  
Date

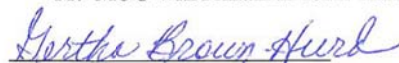
  
\_\_\_\_\_  
Hon. Joseph Nyuma, Sr. Vice President of Liberia

17-10-2016  
\_\_\_\_\_  
Date

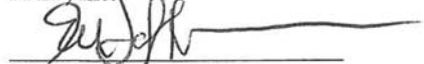
PPEP, INC./PMHDC/TREE OF LIFE FOUNDATION/WARES AND LIBERIAN ENTITIES  
MEMORANDUM OF UNDERSTANDING  
January 13, 2017

Whereas PPEP, Inc./PMHDC//Tree of Life Foundation/WARES and Liberia Entities are dedicated to improving the quality of farmworkers and rural communities. We resolve to do the following collaboration:

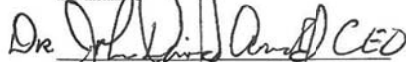
1. To develop a plan of action for agricultural and other developmental projects. Initially for the Bong County area.
2. Draft workable development models to be expanded to other rural countries specializing in the area of "swamp recovery" and organic rice production.
3. Arrange for, when possible in-kind office space provided to the NGO PPEP and Affiliates.
4. Work with the Rotary International, PMHDC and others to establish viable micro business lending and technical assistance program. Thereby, making loans to rural agricultural rice, organic farmers and others initially in Bong County. Once a successful model is established expand to other rural Liberian Counties.
5. Establish working relationship for technical assistance from the WARES and PPEP/PMHDC and Affiliate, Implemented in part by its CEO Dr. John David Arnold along with other personnel from the affiliate agencies in cooperation with engaged local Liberian partners committed to viable and sustainable projects.
6. Establish a working relationship with Dr. Gabriel Cousens, MD and the Tree of Life Foundation to develop a plan for a national diabetes program. Develop MOU's with the JFK and Poebe Hospitals, the National Diabetes Association, Rotary International and Liberian and other Liberian organizations such as the Liberian Peace operated by Queen Juli Endee the Liberia's Peace Ambassador.
7. Develop plans to conduct a natural Diabetes, services to the deaf and mute, rural teacher training, and Vegan Farming Seminars both in Monrovia, and Bong County. Once successful models established expand to other rural counties and inner city marginal populations.
8. Develop scholarship program for Bong County and other rural students needing assistance.
9. Develop an MOU and student exchange program with Arizona educational institutions. Including high school and college level. Develop MOU with the University of Liberia and other educational and vocational institutions. Implement the MOU between PPEP Tec High School that was signed by the Vice President in Phoenix, Arizona.
10. Plus any other projects that might be developed by mutual agreement with benefit to improving the quality of Liberian life.
11. MOU will remain in force unless revoked or lack of commitment.



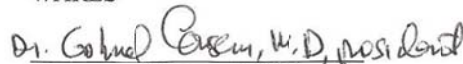
Gertha Brown-Hurd, President  
PPEP, Inc.



Edgar Granillo, President  
PMHDC



Dr. John David Arnold, CEO  
WARES



Dr. Gabriel Cousens, MD  
President, Tree of Life Foundation



PPEP INTERNATIONAL REPORT

The Undersigned Certify They Have Read, And Accept The Document Entitled:

"PPEP International Report – 2017

Submitted by: John David Arnold



Gertha Brown-Hurd, PPEP President



Edgar Granillo, PMHDC President

Date: January 30, 2017