

## INTERNATIONAL REPORT – TRIP TO SONORA, MEXICO

This is an update to our trip to Sonora Sunday. It was taken jointly with the Tree of Life Foundation. Participating were Dr. Gabriel Cousens Founder of the Tree of Life Foundation, Joshua Sadam, Administrative Assistant. Participating from the PMHDC Board was: Edgar Granillo, Enrique Serna, also, myself and Jay Diallo. The purpose of the visits was to view rural humanitarian projects in Imuris and Benjamin Hill.

In Imuris we visited the Reino de Los Niños Orphanage. This program serves infants to teenagers who have been displaced or orphans. We were treated to a very healthy organic breakfast was served as well as folkloric dancing by the children. Plus a tour of the orphanage dormitory facilities and sewing workshop. Later we visited their second hand shop where the children are learning to be entrepreneurial as well as making money to help sustain the orphanage.

The next stop was in a village called Benjamin Hill where the Grupo Humanitario Corazon has a community and migrant feeding program. We delivered some used computers so that the youth will have an opportunity to use the Internet and do their homework. Also, the other clients can communicate with family back home. Clothing and shoes were left to establish a clothing bank. Later we met with a group of the young people from the local soccer team and gave them some soccer balls and practice jerseys. The Mayor took us to see an organic farm at the edge of the community that might be available for organic vegetables and also provide jobs for the youth. This is the third board trip taken to Sonora in the past year.

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## PHOTO ALBUM

















